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The temporal pattern of creativity and implementation in teams

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Two broad sets of activities underlie team innovation: the creation and the implementation of new ideas. Despite the prevalence of this distinction, the temporal dynamics of creativity and implementation in teams and their relation to successful team innovation are not well understood. Building on and integrating linear phase models and complexity perspectives on the innovation process, we propose a temporal pattern of creativity and implementation that is linked to team innovation. We examine this temporal pattern in a longitudinal study of 76 project teams. Results show that teams engage in creativity throughout the entire life cycle of team projects; however, innovative teams refrain from focusing on implementation in early time frames and increase their focus on implementation over the course of the project. Episodes of unconstrained creativity in early time frames of a project appear to be a critical factor for team innovation. Our research provides a foundation for future research on team innovation that explicitly considers the temporal interplay of creativity and implementation.

Practitioner points

- Creativity is a critical factor for team innovation that is relevant not only in the beginning of a team project but throughout its entire life cycle.
- Teams achieve innovative outcomes if they refrain from focusing on implementation early on and instead allow for prolonged episodes of unconstrained creativity.
- Innovative teams pay attention to the timing of implementation activities and increase their focus on implementation around the mid-point of a project.

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For many teams in organizations, innovation is a core component of performance (Choi & Chang, 2009; George, 2007; Shalley, Zhou, & Oldham, 2004). The necessity to innovate is not limited to teams that were formed for the primary purpose of innovating, such as research and development (R&D) teams, but extends to many other types of teams, for example, project and service teams who accomplish non-routine tasks (Pearce & Ensley, 2004). As competition among organizations increases and change within organizations accelerates, teams and individuals are expected to contribute to organizational innovation more and more (Baer, Leenders, Oldham, & Vadera, 2010; Madjar, Greenberg, & Chen, 2011). However, not all teams are able to deliver highly innovative outcomes. Some teams fail at innovating because they focus on generating ideas and fail to move forward and realize their ideas, while others fail because they move ahead too quickly and do not create anything original. To be successful, teams need to balance between developing original ideas and focusing on getting things done.

The distinction between creating ideas and getting things done is reflected in the definition of innovation as the generation and implementation of new and useful ideas (Amabile, 1988; West & Farr, 1990; Woodman, Sawyer, & Griffin, 1993). In accordance with this definition, most researchers agree that two broad sets of activities underlie team innovation: Creativity refers to the generation, evaluation, and selection of ideas; implementation involves acting upon and realizing ideas (e.g., Amabile, 1988; Farr, Sin, & Tesluk, 2003; Kanter, 1988; West, 2002b). To achieve team innovation – which we understand as innovative outcomes teams produce, such as original and useful new products or services – teams need to engage in both types of activities. However, the temporal pattern of creativity and implementation through which teams achieve highly innovative outcomes is neither well understood nor has it been subject to a detailed empirical examination.

Theoretical models of the innovation process outline how the timing of (and changes in) creativity and implementation may be related to team innovation. On a general level, two theoretical perspectives can be distinguished that offer competing descriptions of the temporal pattern of creativity and implementation. The linear perspective assumes a sequence of distinct phases that presumably follow each other step-by-step from creativity to implementation (e.g., Amabile, 1988; Farr *et al.*, 2003), whereas the complexity perspective assumes that creativity and implementation are intertwined and unfold in a cyclical and chaotic manner (e.g., Schroeder, Van de Ven, Scudder, & Polley, 1989). There appears to be implicit agreement in the literature that both perspectives contain some validity and that innovation processes exhibit linear as well as chaotic features. However, this implicit agreement does not specify in which respect both perspectives are valid. Moreover, empirical studies have not yet disentangled the interplay between creativity and implementation (Baer, 2012; Peralta, Lopes, Gilson, Lourenço, & Pais, 2015). Indeed, most empirical studies treat innovation as an outcome rather than a process (Knight, 2015) and do not distinguish between creativity and implementation. Moreover, innovation as a process (i.e., creativity and implementation activities) is often confounded with innovation as an outcome (i.e., team innovation, such as innovative products). Consequently, evidence on how teams manage creativity and implementation in such a way that innovative outcomes emerge is sparse. Finally, the few empirical studies that provide a detailed examination of innovation processes have taken a descriptive approach (Cheng & Van de Ven, 1996; Eindhoven & Vinacke, 1952; King, 1992), but do not offer a rigorous test of how different patterns of creativity and implementation relate to team innovation as an outcome.

To address this gap and to further the understanding of how innovation emerges in teams, this article critically analyses the assumptions underlying current models of the innovation process. We argue that the complexity and the linear perspective both shed light on the innovation process and that each perspective alone is incomplete (Bledow, Frese, Anderson, Erez, & Farr, 2009). The complexity perspective neglects linear-sequential features – most notably that idea creation precedes idea implementation; the linear perspective oversimplifies the innovation process and fails to consider that teams frequently move back and forth between creativity and implementation and can engage in both activities simultaneously. A critical task for research is thus to identify and integrate the features of both perspectives that are valid to predict the emergence of team innovation.

Towards this goal, this study attempts to identify the temporal pattern of creativity and implementation that supports team innovation. We develop hypotheses by drawing from both theoretical perspectives, contrasting their assumptions, and evaluating their theoretical plausibility in the light of psychological research. We test these hypotheses in a longitudinal study with project teams and predict the level of innovation a team achieves with the temporal pattern of creativity and implementation it engages in. The study thereby contributes to the literature in several meaningful ways. First, it makes a theoretical contribution by integrating competing theoretical perspectives on the innovation process. Such an integration is necessary as existing theoretical perspectives highlight different aspects of the innovation process and are based on partly conflicting assumptions. Second, using a longitudinal study design, we provide an empirical test of major assumptions implied by the theoretical perspectives on the innovation process. Such an empirical test is relevant because rigorous empirical tests are scarce despite the long tradition of theoretical models of innovation processes (Cheng & Van de Ven, 1996; Eindhoven & Vinacke, 1952; King, 1992). Third, our study provides relevant information for innovative teams on how to structure innovation processes in terms of the timing of and change in creativity and implementation activities. In the following paragraphs, we first review models of the innovation process and evaluate the empirical evidence. Building on these models, we then draw from research on the psychological underpinnings of creativity and implementation to formulate hypotheses.

Theoretical models of the innovation process

Models of the innovation process usually emphasize one of two perspectives: the linear perspective or the complexity perspective. The linear perspective is expressed by phase models of innovation. These models outline a number of phases that a team has to go through in a linear order to develop innovative outcomes, such as new products and improved processes (Lubart, 2001). For example, the phase model by Farr *et al.* (2003) describes four sequential phases that logically build on each other. In the first phase, teams identify and define the problem they need to work on (*problem identification*). In the next step, teams come up with ideas to solve the problem previously identified (*idea generation*). These ideas are then discussed and evaluated to find the idea that best solves the problem (*idea evaluation*). The selected idea is finally put into action and implemented in the last phase of the process (*implementation*). Although phase models differ in the number and the specific content of phases, they all comprise the normative assumption that closely following the defined ideal sequence of phases will result in better outcomes. Most authors of phase models, however, acknowledge a certain circularity or recursiveness of phases and allow for some overlap between different phases (Amabile,

1988; Farr *et al.*, 2003; Lubart, 2001). For instance, the recent revision of Amabile's original componential model of creativity and innovation now explicitly incorporates feedback loops (Amabile & Pratt, 2016).

Despite their intuitive appeal, linear phase models are an oversimplification of the innovation process. Indeed, some authors have questioned the existence of distinct phases altogether and have instead argued that activities such as creativity and implementation are interrelated processes and team innovation is the result of a nonlinear process characterized by chaos and complexity rather than by a predictable sequence of phases (Anderson, De Dreu, & Nijstad, 2004; Bledow *et al.*, 2009; King, 1992; Schroeder *et al.*, 1989; Van de Ven, Polley, Garud, & Venkataraman, 1999). Schroeder *et al.*'s (1989) model of the innovation process exemplifies this complexity perspective. It does not assume a fixed sequence of events, but rather 'convergent, parallel, and divergent streams of activity' (Schroeder *et al.*, 1989, p. 113). Initial ideas often diverge into several different paths that may or may not be conjunctive. In addition, setbacks and surprises are inherent parts of innovation and are critical for the final outcome (Schroeder *et al.*, 1989). The complexity perspective suggests that teams cannot succeed by adhering to a predefined sequence of activities. Rather they need to be prepared to move back and forth between creativity and implementation contingent on an unpredictable pattern of requirements that unfold over time (Bledow *et al.*, 2009; Schroeder *et al.*, 1989).

Despite their differences, the linear and the complexity perspectives share two basic assumptions. First, they both view innovation processes as composed of different sets of activities, at the most basic level creativity and implementation (West, 2002b). Second, these activities are assumed to be at least partly interdependent, with phase model researchers assuming less interdependence than researchers who emphasize complexity. However, when it comes to the temporal management of creativity and implementation (i.e., when and to what extent teams should engage in these activities), the two perspectives differ significantly. While the linear perspective proposes a linear sequence of creativity and implementation, the complexity perspective suggests that both creativity and implementation occur throughout the process and teams constantly cycle through creativity and implementation in an iterative manner (Bledow *et al.*, 2009; Harvey, 2014; Van de Ven & Poole, 1995). Thus, following the complexity perspective, the temporal order of creativity and implementation is unpredictable. Figure 1 contrasts the assumptions about the temporal relation of creativity and implementation according to the linear (Panel A) and the complexity perspective (Panel B). Specifically, the linear perspective implies an increase in implementation and a decrease in creativity over time. In contrast, the complexity perspective implies high levels of both creativity and implementation throughout innovation projects, with many unpredictable fluctuations (as represented by the curves in the trajectories). The few existing studies which try to describe the innovation process empirically are based on a few case studies and can neither confirm or nor reject either model (Cheng & Van de Ven, 1996; Eindhoven & Vinacke, 1952; King, 1992). For example, in two case studies, Cheng and Van de Ven (1996) found that innovation projects started with complex nonlinear patterns of activities and outcomes and ended with periodic (i.e., linear) patterns of the same activities. In seven cases of innovation in a hospital ward, King (1992) found evidence for the complexity perspective, but could not completely reject the linear perspective. The limited empirical evidence thus suggests that there is some truth in both perspectives. Importantly, all the empirical studies mentioned followed a descriptive approach. In other words, none of these studies linked the temporal pattern of innovation activities a team engaged in to the level of innovation in the outcome the team produced.

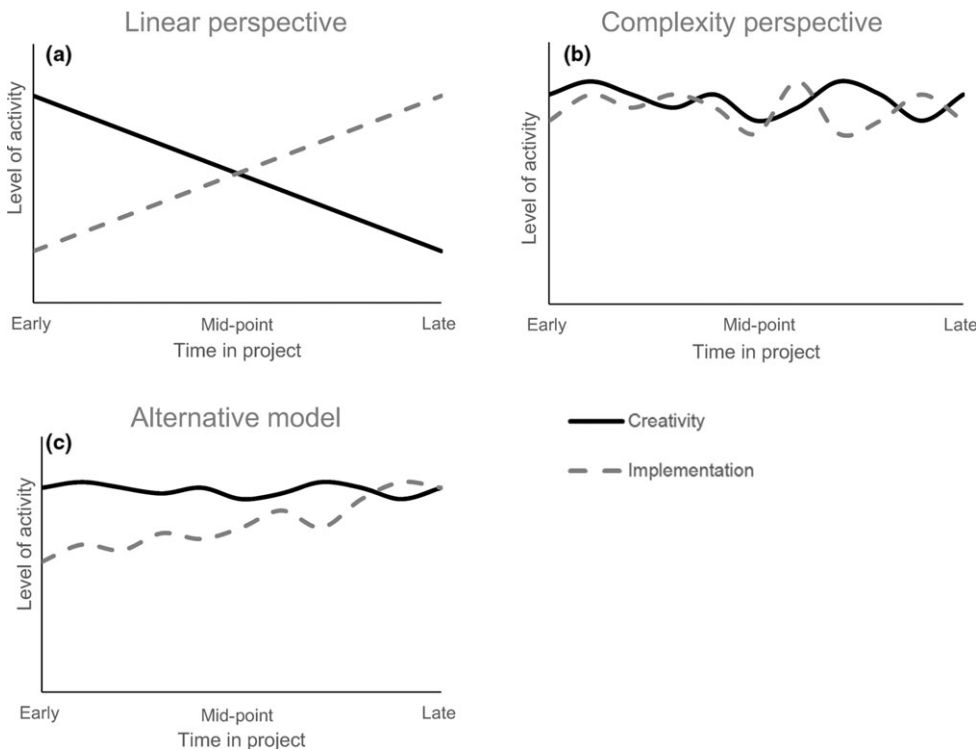


Figure 1. Comparison of theoretical models.

We next integrate features of both perspectives to specify a pattern of creativity and implementation that results in team innovation. Specifically, we argue that the temporal trajectories for creativity and implementation differ (see Figure 1, Panel C). The creativity trajectory is in line with the complexity perspective, but deviates from what is suggested by the linear perspective. Innovative outcomes require that teams engage in a high level of creativity throughout the process and do not reduce creativity once an idea is found that is deemed ‘good enough’ to be implemented as implied by the linear perspective. The implementation trajectory, on the other hand, is in line with the linear perspective. Teams need to refrain from implementation in early time frames and increase their focus on implementation over time. Teams may thus need to resist the temptation to engage in implementation early on to enable periods of unconstrained creativity that lay the foundation for innovative outcomes. In the following paragraphs, we develop this line of argument in detail and derive hypotheses drawing on research on the psychological underpinnings of creativity and implementation.

Hypotheses development

In the following, we use a broad conceptualization of creativity that comprises the identification of problems or opportunities, the generation of ideas as well as the evaluation of ideas (Amabile, 1983; Montag, Maertz, & Baer, 2012; Mumford, Mobley, Reiter-Palmon, Uhlman, & Doares, 1991). Creativity is supported by an open mindset that allows team members to develop and discuss a variety of problem solutions without rash

commitment to any one idea (Fujita, Gollwitzer, & Oettingen, 2007; Heckhausen & Gollwitzer, 1987). As a result, the team can explore a variety of different approaches and directions as they search for a novel solution that is not yet determined. Team members take different perspectives (Grant & Berry, 2011; Hoever, van Knippenberg, van Ginkel, & Barkema, 2012), search for, exchange, and interpret new information (Gong, Cheung, Wang, & Huang, 2012; Li, Maggitti, Smith, Tesluk, & Katila, 2013), recombine and integrate knowledge (Baer, 2010; Mumford, 2000; Mumford & Gustafson, 1988; Zhou, Shin, Brass, Choi, & Zhang, 2009), and consider remote alternatives (Mednick, 1962; Rietzschel, Nijstad, & Stroebe, 2007; Simonton, 2003). Rather than settling on the first ideas that come to mind, team members focused on creativity display ambivalence towards alternative courses of action, discard some ideas, and refine other ideas in an iterative manner. Overall, teams will be oriented towards mastering the challenge of finding original solutions and towards learning from errors and failure (Rivkin & Siggelkow, 2003).

In early time frames, such as the first days or weeks of a project, the foundation is laid for whether or not an innovative outcome will be developed. Teams lay this foundation if they engage in unconstrained creativity and take time to generate many ideas and explore different directions (Diehl & Stroebe, 1987; Simonton, 1997). In these early time frames, teams need to reconfigure and integrate diverse knowledge from different sources, which is necessary to develop something unique and original (Taylor & Greve, 2006; West, 2002b; Zhou *et al.*, 2009). Thus, a high level of creativity early in the project is required for successful team innovation. Indeed, the linear and the complexity perspective concur that creativity is highly relevant in early time frames of innovation projects. Thus, we hypothesize:

Hypothesis 1: The level of creativity in early time frames is positively related to team innovation.

In contrast to creativity, the defining characteristic of implementation is that a team has committed to specific goals which regulate and guide its activity (Locke, 2000). The focus is 'closed' rather than 'open'. That is, implementation is less open to new approaches and new information, but rather supported by an action-oriented mindset that is focused on execution and goal attainment (Gollwitzer, 1990; Gollwitzer, Heckhausen, & Steller, 1990). Such a mindset is closed in the sense that it is narrow and biased in supporting only those processes in a team that lead to attainment of the activated goal and suppressing alternative processes that distract from goal achievement (Beckmann & Kuhl, 1984; Taylor & Gollwitzer, 1995). In other words, new information will be used mainly to confirm decisions instead of openly searching for new information (Rivkin & Siggelkow, 2003). When fully engaged in implementation, a team will not consider remote alternatives and different perspectives as long as they are not of immediate usefulness for the goal that is pursued (Baumann, Kuhl, & Kazén, 2005; Gollwitzer, 2003). In such a mindset, teams focus on getting things done and are more concerned with displaying high performance than with learning (Rivkin & Siggelkow, 2003).

In early time frames of an innovation project, teams will benefit if they refrain from quickly moving to the action-oriented mindset distinctive of implementation. They will then be able to concentrate on unconstrained ideation and the development of highly original ideas. However, it should be noted that refraining from premature implementation does not imply the absence of implementation altogether. In early time frames of a project, teams may display episodes of implementation, for instance, if teams perform systematic tests about the feasibility of previously developed ideas (Kristensson &

Magnusson, 2010; Manske & Davis, 1968). Teams who concentrate on 'getting things done' in early time frames, however, will 'close their mind' and be more likely to settle on first ideas that come to mind. These first ideas are not based on a thorough consideration of alternatives and are unlikely to be highly original (Meadow, Parnes, & Reese, 1959; Osborn, 1953). Moving to closure too early in the process has detrimental effects on creativity. For example, experimental work by Chirumbolo and colleagues (Chirumbolo, Livi, Mannetti, Pierro, & Kruglanski, 2004; Chirumbolo, Mannetti, Pierro, Areni, & Kruglanski, 2005) demonstrated that teams with high need for closure produced fewer ideas as well as less creative ideas than teams characterized by a lower need of closure. This research suggests that a high level of implementation can hinder the simultaneous development of highly original ideas. A closed implementation mindset severely limits the potential of a team to further experiment and explore alternatives. Teams that focus on implementation initially are therefore likely to simply apply existing knowledge using a similar solution to what they have used in the past or copy a solution from someone else. Following the linear perspective, but in contrast to the complexity perspective, we therefore hypothesize:

Hypothesis 2: The level of implementation in early time frames is negatively related to team innovation.

As compared to early time frames of a project, the relevance of implementation increases as a team progresses with a project. In order to deliver an innovative product and not merely an original idea, implementation activities need to gain momentum at some point during the project (Baer, 2012; West, 2002a). Over time, the team's mindset needs to become more and more focused on realizing the solution it has developed. Implementation also serves the function of an elaborate reality check as feedback about the feasibility and deficiencies of ideas (Kristensson & Magnusson, 2010; Manske & Davis, 1968). As a project progresses, these reality checks become increasingly important because the time that remains to make adjustments diminishes. Implementation activities integrate the stream of ideas a team commits to and culminate in the final project outcome. If teams fail to start acting on their ideas at some point, they will not be able to meet project deadlines and present an innovative outcome at the end of the project (Gersick, 1988, 1989). Therefore, following the linear perspective but deviating from the complexity perspective, we hypothesize:

Hypothesis 3: An increase in implementation is positively related to team innovation.

As implementation gains importance over the course of a team project, creativity does not lose importance at an equal rate. While teams work on an idea, this idea is never complete and developed in all its details. It needs to be refined, reshaped, and adapted during the process of implementation (Paulus, 2002). Otherwise, the degree of elaboration and differentiation of an initial idea will be low and it cannot be translated into a deliverable outcome. Thus, our line of reasoning contradicts the assumptions of the linear perspective and especially of Ford and Sullivan (2004) who suggest that creativity after the mid-point of a project hurts team performance. In contrast, we propose that creativity is required even after a team has decided on the one idea they will pursue to adapt and reshape the idea so it may be implemented.

Creativity is also necessary throughout a project because the likelihood of setbacks increases as a team progresses, especially when ideas are highly original and pre-existing schemata of how to realize ideas cannot be utilized (Schroeder *et al.*, 1989).

As innovation processes are inherently risky and uncertain, failure is to be expected (Sharma, 1999). Creativity is thus needed to handle problems and find solutions and ideas for how to solve problems and overcome hurdles (Hargadon & Bechky, 2006). Sometimes teams even need to go back to the drawing board when they find that their initial idea is not feasible or appropriate. For instance, Cheng and Van de Ven (1996) provide evidence for the occurrence of creative and explorative episodes even in later time frames within innovation projects. Moreover, Farh, Lee, and Farh (2010) showed in a study of project teams that team creativity was unrelated to project phase; thus, teams engaged in equal amounts of creativity in earlier and later phases of a project. Although these studies did not explicitly link creativity in later time frames to team innovation, this research shows that, on a descriptive level, creativity does not necessarily decrease over time.

Taken together, in line with the complexity perspective and contradicting the linear perspective, we assume that teams need to maintain a high degree of creativity throughout their projects. Decreasing the degree of creativity over the course of a project will hurt team innovation. Thus, we hypothesize:

Hypothesis 4: A decrease in creativity is negatively related to team innovation.

Method

Sample and design

We tested our model in a sample of applied innovation projects that engineering students worked on for about one semester. We used a repeated measures design with 3 to 6 observations depending on the length of the projects. The number of working days between observations was held constant for each team. In most cases, the time span between two observations was 2 weeks. We only used those observations where at least two team members answered the questionnaire. The mean number of observations was 3.8 per team. Some of our analyses required a constant number of observations between teams. For these analyses, we utilized the three time frames of each team project that are theoretically most relevant: the first 2 weeks (T1), the 2 weeks around the mid-point of each project (T2), and the last 2 weeks (T3). For all other analyses, we utilized all observations that were available per team.

The selection of the right time frame in which behavioural patterns are studied is a critical decision in longitudinal research (Mitchell & James, 2001). To address our research question, we needed to capture systematic changes in creativity and implementation over the entire course of the teams' life cycles. We chose a time frame of 2 weeks and asked team members repeatedly to report their activities during the time frame of the previous 2 weeks. As a result, we were able to examine systematic changes over the course of the entire project on a level of temporal resolution that matches our theoretical line of argument. That is, we did not focus on the rapid fluctuations in creativity and implementation as they unfold for instance in a single team meeting but rather on the overall level of creativity and implementation in a 2-week time frame, in which we expected reliable differences within and between teams.

Our sampling strategy was as follows: We contacted engineering faculty at one public US university whose course requirements included applied innovation projects. We introduced our study during regular class sessions in the courses of the instructors who agreed to participate. Students willing to participate in our study provided us with their

email addresses. All questionnaires were administered online, and students were invited to participate by email reminders.

We utilized student teams instead of professional teams in organizations so that we could obtain a more detailed picture of the innovation process with more observations than would have been feasible to obtain in a professional work setting. In addition, as our goal was to map the entire innovation process and not only parts of it, we decided to study the shorter student project cycles which typically lasted only one semester. We needed to study projects with a clear beginning and a clear end to address our hypotheses; the project cycle of professional R&D teams is highly variable and can last from a few weeks to several years. The student teams worked on real-life problems that were otherwise comparable to problems of professional teams. The projects, for example, included developing different types of wind turbines or redesigning electric toothbrushes.

Our sample consisted of 76 teams with 228 engineering students (the 76 teams consisted of 312 team members in total; 73% response rate). Mean team size was 4.1, ranging from 3 to 7 individuals per team. The mean age of the students was 18.8 years ($SD = 1.8$; range 16–35 years), and 15.7% of the students were female.

Measures

We measured *creativity* and *implementation* with items that we developed from the descriptions of four innovation phases by Farr *et al.* (2003): problem identification, idea generation, idea evaluation, and idea implementation. Using a referent-shift consensus model (Chan, 1998), items referred to the activities a team had performed during the last 2-week period. All items are listed in Appendix. Participants were asked whether the team had engaged in the respective activities in the last 2 weeks and answered on a 5-point scale ranging from 1 = 'very false' to 5 = 'very true'. Scales were aggregated from the individual to the team level for each observation. Indices of agreement for the four scales are reported in Table 1. ICCs were low at T3, due to low between-group variance within the homogeneous sample. However, as $r_{wg(j)}$ s were of an acceptable size, aggregation to the group level was justified. Internal reliabilities (Cronbach's α) for the four scales at the individual level were .85 for problem identification, .87 for idea generation, .84 for idea evaluation, and .96 for idea implementation.

We conducted a series of multilevel confirmatory factor analyses to examine the factor structure of the four innovation activities of the Farr *et al.* (2003) model to decide whether

Table 1. Indices of within-group agreement of innovation activities

	T1			T2			T3		
	$r_{wg(j)}$ ^a	ICC (1)	ICC (2)	$r_{wg(j)}$ ^a	ICC (1)	ICC (2)	$r_{wg(j)}$ ^a	ICC (1)	ICC (2)
Problem Identification	.91/.82	.19***	.46	.92/.96	.21***	.49	.91/.98	.05	.13
Idea Generation	.94/.91	.24***	.53	.94/.89	.20***	.47	.94/.86	.03	.07
Idea Evaluation	.91/.75	.13*	.35	.91/.64	.18**	.44	.91/.84	.08	.18
Implementation	.90/.74	.34***	.65	.94/.89	.14**	.37	.94/.82	.11 [†]	.25

Notes. ^aMedian $r_{wg(j)}$ /Mean $r_{wg(j)}$.

[†] $p < .10$, * $p < .05$, ** $p < .01$, *** $p < .001$.

the activities could be collapsed into one creativity and one implementation factor to represent the two theoretically relevant variables. Building on broad conceptualizations of creativity that go beyond idea generation and include the formulation of a problem or an opportunity as well as the evaluation and selection of ideas (see, for example, Montag *et al.*, 2012), we expected problem identification, idea generation, and idea evaluation to load on one common creativity factor. Multilevel confirmatory factor analyses were necessary as multiple observations (level 1) were nested within each team (level 2). Several indices were used to assess model fit: standardized root-mean-squared residual (SRMR), Comparative Fit Index (CFI), and root-mean-squared error of approximation (RMSEA). A CFI value of .95 or higher, a SRMR value of .08 or lower, and a RMSEA value of .06 or lower are indicative of good model fit (Hu & Bentler, 1999). To compare models, we used the Bayesian information criterion (BIC). Lower BIC values indicate better model fit (Schwarz, 1978).

First, we specified a four-factor model with problem identification, idea generation, idea evaluation, and implementation as separate factors (Model 1). Second, we specified a hierarchical model with two second-order factors: We combined problem identification, idea generation, and idea evaluation into a second-order creativity factor (Model 2) and implementation as a separate factor. Third, we specified a one-factor model with all items loading on the same factor (Model 3). The four-factor model showed adequate fit, $\chi^2(29) = 80.33, p < .001$; CFI = .98; RMSEA = .08; SRMR = .04, BIC = 2,132.84. However, the second model, combining problem identification, idea generation, and idea evaluation into a second-order factor showed a slightly better fit to the data, $\chi^2(31) = 82.74, p < .001$; CFI = .98; RMSEA = .08; SRMR = .04, BIC = 2,129.51. In contrast, the one-factor model displayed only poor fit, $\chi^2(35) = 666.47, p < .001$; CFI = .70; RMSEA = .25; SRMR = .12, BIC = 3,070.69. Taken together, the two- and four-factor models yielded nearly identical fit to the data. However, in the four-factor model, the factors of problem identification, idea generation, and idea evaluation showed very high intercorrelations (.85 and above). Therefore, we decided to utilize the more parsimonious two-second-order factors model to represent the theoretical constructs of creativity and implementation.

Team innovation was assessed at the end of the project cycle by the instructors of the student courses. We developed items that assessed the novelty and quality of project outcomes based on past research that suggests that both novelty and quality are defining characteristics of innovative outcomes (Amabile, 1983; Anderson, Potočnik, & Zhou, 2014; Oldham & Cummings, 1996). We adapted published scales to fit our research context (Keller, 2006; West & Anderson, 1996; Zhou & Oldham, 2001). Instructors rated the novelty and quality of the project outcome using five items (see Appendix) with a 5-point scale (Cronbach's $\alpha = .93$). We received ratings of team innovation for a subset of 57 teams (75% of the total sample) because some instructors did not return the questionnaires and some instructor questionnaires could not be matched with the respective team members' questionnaires. Thus, the analyses that included team innovation are based on the subsample of 57 teams. To make sure that the teams with ratings of team innovation did not differ in any significant aspects from teams that lacked these ratings, we compared the two groups of teams on the crucial dimensions of our model: the initial levels of creativity and implementation as well as the slopes of creativity and implementation. None of these comparisons yielded significant differences. Hence, we are confident that our hypotheses tests are not threatened by selection bias.

Results

Preliminary analyses

Means, standard deviations, and intercorrelations of all study variables are displayed in Table 2. The table shows that all three observations of creativity were substantially correlated (r s ranging from .24 to .54), whereas implementation observations over time showed somewhat lower correlations (r s ranging from .27 to .29). Teams that engaged in high levels of creativity in early time frames also tended to engage in high levels of creativity during later time frames. By contrast, the levels of implementation a team engaged in during early time frames, around the mid-point, and at later times were more moderately related. In line with the assumption that creativity and implementation are interdependent, the results reveal strong positive correlations between the two processes at each observation (T1: $r = .57$, T2: $r = .63$, T3: $r = .69$, all p s < .001).

The means and standard deviations of creativity and implementation for T1 through T3 in Table 2 describe how the two processes developed over time. Figure 2 displays the actual trajectories of creativity and implementation over time. Neither creativity nor implementation ever approached zero. Rather, in any given time frame there was some degree of both creativity and implementation, and change over time in the engagement in each activity was a matter of degree. The pattern of mean values showed little change in creativity, but an increase in implementation from T1 to T2 ($t = -4.64$, $p < .001$) and no change from T2 to T3 ($t = .78$, $p > .10$). These results provide some preliminary support for the pattern suggested by our model (Figure 1, Panel C): Teams maintained a high level of creativity throughout their innovation projects and increased the level of implementation. However, this increase in implementation seemed to take place especially during the first half of the projects.

Hypotheses tests

To test whether the initial level of creativity and implementation as well as change over time in these processes are related to team innovation, we regressed team innovation on intercepts and change in creativity and implementation over time (cf. Chen, Ployhart, Cooper Thomas, Anderson, & Bliese, 2011). In the first step, we regressed both processes on time as the independent variable, using mixed-effect growth models (Bliese & Ployhart, 2002). In these analyses, we obtained empirical Bayes estimates for intercepts and slopes for each team. The estimated Bayes intercepts, which result from these two regressions, represent the initial value of creativity and implementation. In addition, the estimated Bayes slopes represent change over time in each process. The Bayes estimates for both intercepts and slopes vary between teams. In the second step, team innovation was regressed on the empirical Bayes estimates obtained in the first step. With this analysis, we tested whether the initial value and the linear change (i.e., the rise or fall) in creativity and implementation over time were related to team innovation. In these analyses, we controlled for group size. As intercepts and slopes of implementation were very highly correlated ($r = -.76$), including both variables in the same regression analysis caused multicollinearity problems. We therefore used independent analyses to test the effects of initial level and change in creativity and implementation on team innovation (see Table 3 Models 2 and 3, respectively).

The results of these analyses are summarized in Table 3. As predicted by Hypothesis 1, which anticipated a positive relationship between the level of creativity in early time frames and team innovation, the intercept of creativity was significantly related to team

Table 2. Means, standard deviations, and intercorrelations

Variable	Mean	SD	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.
1. Team Innovation	2.90	0.85	—										
2. Creativity at T1	4.15	0.46	.00	—									
3. Creativity at T2	4.25	0.50	.09	.47***	—								
4. Creativity at T3	4.26	0.40	.21	.24*	.54***	—							
5. Implementation at T1	3.61	0.79	-.25 [†]	.57***	.21 [†]	.15	—						
6. Implementation at T2	4.10	0.56	-.05	.60***	.63***	.45***	.29*	—					
7. Implementation at T3	4.03	0.63	.15	.30**	.42***	.69***	.27*	.28*	—				
8. Intercept Creativity	4.13	0.27	.05	.87***	.80***	.42***	.50***	.69***	.41***	—			
9. Intercept Implementation	3.63	0.44	-.22 [†]	.62***	.33**	.22 [†]	.91***	.55***	.22 [†]	.61***	—		
10. Slope Creativity	.01	0.04	.05	-.36**	.19	.68***	-.16	.03	.43***	-.20 [†]	-.17	—	
11. Slope Implementation	.06	0.06	.27*	-.40***	.03	.27*	-.70***	-.22 [†]	.38**	-.26***	-.76***	.50***	—
12. Group Size	4.13	0.75	.07	-.10	.01	.01	-.24*	-.09	.08	-.09	-.33**	.04	.34**

Notes. $N = 76$ (for correlations with team innovation $N = 57$).

[†] $p < .10$, * $p < .05$, ** $p < .01$, *** $p < .001$.

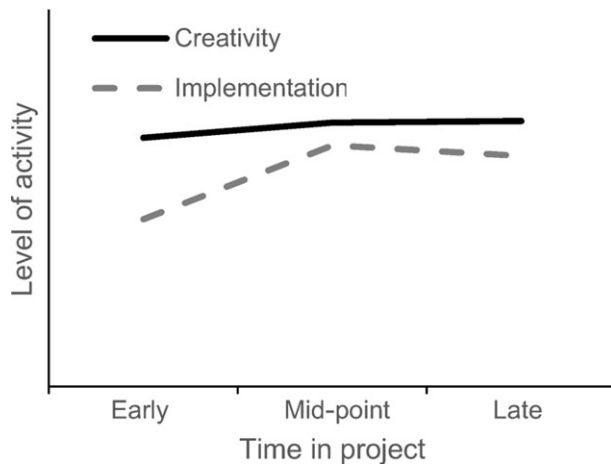


Figure 2. Actual trajectories of creativity and implementation in teams.

Table 3. Regression of team innovation on intercept of and change in innovation activities

	DV: Team innovation			
	Model 1	Model 2	Model 3	Model 4
Group Size	.07	.10	.11	.07
Creativity (Intercept)		.39*		
Implementation (Intercept)		-.49**		
Change in Creativity			-.17	-.16
Change in Implementation			.40*	.41*
Creativity at T3 (Residual)				.24 [†]
R ²	.00	.14 [†]	.13 [†]	.18 [†]
ΔR ²		.13*	.12 [†]	.05 [†]

Notes. $N = 57$. Standardized regression coefficients are reported.

[†] $p < .10$, * $p < .05$, ** $p < .01$.

innovation in a positive direction (Model 2: $\beta = .39, p < .05$): The higher the initial level of creativity, the more innovative were the teams. Hypothesis 2 predicted a negative relationship between the level of implementation in early time frames and team innovation. Accordingly, the intercept of implementation was significantly negatively related to team innovation (Model 2: $\beta = -.49, p < .01$). The lower the initial level of implementation, the more innovative were the teams, supporting Hypothesis 2. Hypothesis 3 stated that an increase in implementation would be positively related to team innovation. Change in implementation was indeed positively related to team innovation (Model 3: $\beta = .40, p < .05$), supporting Hypothesis 3. Thus, the more teams increased the level of implementation during the projects, the more innovative they were. Finally, Hypothesis 4 stated that a decrease in creativity over time is negatively related to team innovation. Accordingly, the slope of creativity should be positively related to team innovation. However, change in creativity was unrelated to team innovation (Model 3: $\beta = -.17, p > .10$), so Hypothesis 4 was not supported. Yet, Table 2 shows a positive correlation, albeit non-significant, between creativity at T3 and team innovation ($r = .21$,

Table 4. Regression of team innovation on intercept of and change in innovation activities for the first and second halves of projects

	DV: Team innovation		
	Model 1	Model 2	Model 3
First half of projects (T1 until T2)			
Group Size	.07	.08	.07
Creativity (Intercept)		.39*	
Implementation (Intercept)		-.53**	
Change in Creativity			-.05
Change in Implementation			.30*
R ²	.00	.19*	.09
ΔR^2		.18**	.09 [†]
Second half of projects (T2 until T3)			
Group Size	.07	.05	.04
Creativity (Intercept)		-.05	
Implementation (Intercept)		-.09	
Change in Creativity			.06
Change in Implementation			.08
R ²	.00	.01	.01
ΔR^2		.01	.01

Notes. *N* = 57. Standardized regression coefficients are reported.

[†]*p* < .10, **p* < .05, ***p* < .01.

p = .13). To explore this relationship further, as a post hoc analysis, we included creativity at T3 as a predictor in the regression analysis. As creativity at T3 is part of the creativity slope, we used the residual of creativity at T3 when regressed on the slope of creativity to avoid problems of non-independence. As Table 3 shows, creativity at T3 was positively related to team innovation (Model 4: $\beta = .24$, *p* = .08). Thus, this analysis suggests that a high level of creativity at later times in the innovation process is beneficial for team innovation.

Additional analyses

The mid-point has been previously found to be an important concept in theories on team dynamics (Gersick, 1988, 1989). In addition, our descriptive results revealed that the increase in implementation mainly took place in the first half of projects. Therefore, we reanalysed our data using only observations from the beginning of the projects until the mid-point as well as observations from the mid-point until the end of the projects in separate analyses. The intercepts of the analyses using the second half of the projects represent the level of creativity and implementation at the mid-point. Interestingly, results were nearly identical to the original results for the first half of the projects (see upper part of Table 4 for details), but none of the intercepts or slopes of creativity and implementation yielded significant results for the second half of the projects (see lower part of Table 4). That is, while the level of creativity and implementation in early time frames is related to team innovation, the same is not true for the level of creativity and implementation around the mid-point of projects. Similarly, while change in implementation from the beginning until the mid-point is related to team innovation, change in implementation after the mid-point has no impact on team innovation.

Discussion

In this article, we specified and tested a temporal pattern of creativity and implementation in the life cycle of team projects that we expected to result in team innovation. In support of our hypotheses, teams delivered innovative outcomes if they started out with a high level of creativity and refrained from an early focus on implementation. Before the mid-point of projects, there was an increase in implementation activity in those teams who eventually delivered innovative outcomes. Contrary to our expectation, we could not show that a decrease in creativity was negatively related to team innovation. However, further analyses confirmed a positive relationship between creativity at later time frames and team innovation, supporting the assumption that creativity is critical throughout the life cycle of team projects.

The temporal pattern of creativity and implementation we derived theoretically and tested empirically informs the literature on team innovation. Our findings suggest that the linear perspective on innovation processes overemphasizes the temporal separation of creativity and implementation into distinct phases, while the complexity perspective on innovation processes neglects that some degree of separation is necessary. More specifically, a partial separation of creativity from implementation in early time frames of a team project is critical for team innovation (Amabile, 1988; Farr *et al.*, 2003). This separation allows for episodes of unrestricted creativity which are critical if something unique and truly original is to be created. Teams that focus on implementation too early are likely to merely apply available knowledge and adapt existing ideas such that conventional outcomes, or at best incremental innovations, result. While this finding confirms a central tenet of linear phase models, it deviates from a complexity perspective that questions the existence of predictable sequences of activities.

In line with the complexity perspective, on the other hand, high levels of creativity at later time frames showed a weak positive association with team innovation. This finding underlines the assumption of the complexity perspective that innovation projects incorporate unpredictable developments and setbacks that require new ideas (Schroeder *et al.*, 1989). Interestingly, the descriptive results of our study show that the mean level of creativity was never lower than the mean level of implementation. This observation clearly contradicts the linear perspective, which assumes a strong focus on implementation towards the end of a project, which would be indicated by a higher level of implementation than creativity. In contrast, our results support the assumption of the complexity perspective that in the course of a project, an idea is never 'ready' in the sense that teams can completely concentrate on implementation without refining or revising the idea (Paulus, 2002). Thus, contrary to suggestions by Ford and Sullivan (2004) as well as the finding by Knight (2015) that exploratory search after the mid-point hinders team performance, we did not find any evidence that a decrease in creativity is necessary for high levels of team innovation.

This discrepancy might be due to different conceptualizations of creativity or different types of ideas. Whereas Ford and Sullivan's (2004) argument refers to new contributions that fundamentally alter the main project outcome, our broader conceptualization of creativity includes many different kinds of ideas. More specifically, creativity in early and later time frames may be focused on different types of ideas. While early creativity will likely concern the general product idea that guides the project, later ideas will more likely be supportive of implementation. For example, later ideas might be developed to change the product in such a way that implementation is feasible. Additionally, whereas early

ideas may be more radical, later ideas might be incremental in nature. However, as we did not assess the type or radicalness of ideas in our study, future research needs to explore how ideas might change over a project's life cycle. The type and function of ideas can be studied, for example, by utilizing observational study designs or by directly asking teams to provide examples of ideas they are currently working on.

It needs to be noted that the results of our study concerning implementation are more robust than the results concerning creativity. Specifically, we did not find any zero-order correlations between the starting level of creativity (i.e., the intercept of creativity and creativity at T1) and team innovation. Only when controlling for the level of implementation, did we find support for the assumption that high levels of creativity in early time frames are related to team innovation. Thus, it seems that the level of creativity relative to implementation is more relevant for team innovation than the absolute level of creativity. In addition, the slope of creativity was unrelated to team innovation. Taken together, it seems that the timing of implementation activities is much more important for team innovation than the timing of creativity. This is surprising given the predominance of studies concentrating on creativity and the scarcity of research on implementation, both at the team (West, 2002a) and the individual level (Baer, 2012). In line with earlier calls for research on the implementation side of innovation, our study highlights the importance of explaining not only the antecedents of implementation, but also the trajectory of implementation over time.

Interestingly, our results seem to be especially relevant for the first half of innovation projects. Separate analyses for the first and the second halves of projects revealed that the level of creativity and implementation was relevant for team innovation only at the very beginning of the projects. In contrast, the level of these activities seemed to be irrelevant around the mid-point. Moreover, an increase in implementation seemed to be important especially until the mid-point of the project, whereas an additional increase after the mid-point did not further improve team innovation. This latter result is in line with earlier work by Gersick (1988, 1989) on team dynamics that shows that successful teams use a consistent approach to their work after the mid-point. Our research extends Gersick's work insofar as we add a content perspective by focusing on specific innovation activities (Gersick, 1988, 1989). As we did not hypothesize these differential effects within the first and second halves of innovative projects, future research needs to focus on additional temporal aspects of the innovation process. Indeed, the interplay between creativity and implementation can be analysed at time scales different from the 2-week time interval that was the focus of this study (Mitchell & James, 2001). One can further 'zoom in' and examine the pattern of creativity and implementation in shorter time intervals, for example by studying in detail the activities during a team meeting. Such a more detailed analysis will offer additional insights into the interplay of creativity and implementation. For example, it is possible that the intercorrelation of creativity and implementation will be much lower or even negative in shorter time intervals as it is more difficult to engage in both behaviours within the same minute than within the same week. In contrast, it is also possible to 'zoom out' and study the interplay of creativity and implementation at a larger time scale of months or years. For example, teams might migrate between different projects that are focused on either incremental or radical innovations. We suggest that testing our theoretical assumptions using different time scales will provide additional valuable insights into the temporal pattern of creativity and implementation.

Limitations and future research

We would like to highlight some potential limitations of this study. First, the sample was comprised of university students whose work closely mirrored teams in other settings. The student teams worked on applied projects with ill-defined problems as is often the case in professional teams (Mumford, Scott, Gaddis, & Strange, 2002). Project outcomes were graded by the team supervisors and teams were able to enter school-wide competitions when they performed highly. Thus, the projects had meaningful consequences for team members. Nevertheless, particularities of the sample need to be taken into account when generalizing results. The teams worked together for only up to 4 months, and the pattern of creativity and implementation is likely more complex in teams with longer project lifespans and especially in teams that work together on an ongoing basis. In addition, student teams only had to convince the instructor of the value of their project outcomes. In contrast, professional teams need to convince a number of external stakeholders about the value of their products, such as organizational decision makers and eventually customers. Thus, the student teams were less dependent on external support and championing of others outside the team to bring a product to market. In contrast to organizational settings, implementation in the student teams focused on building prototypes, but did not include the actual production or diffusion of the product. Nevertheless, the student teams were instructed to keep potential customers in mind. Furthermore, the educational setting of the study might have influenced the innovation process insofar that instructors introduced structure, feedback, and the necessity to hand in deliverables during the process. However, such an influence may also be comparable to an organizational context where team or project leaders ask questions, give feedback, and require teams to meet deadlines for different milestones.

A second potential limitation concerns the differentiation of creativity and implementation. We use these concepts as a parsimonious differentiation between two broad categories of innovation activities. However, innovation models often use more detailed differentiations of processes or activities. For example, Perry-Smith and Mannucci (2017) differentiate between idea generation and idea elaboration as well as idea championing and idea implementation. Farr *et al.* (2003) distinguish between problem identification, idea generation, and idea evaluation instead of using a broader concept of creativity. Due to high intercorrelations between these activities, we could not separate them in this study. Future research might need to focus on shorter time frames to be able to distinguish between the specifics of different aspects of creativity. Such an analysis should reveal additional information about how the dynamic interplay of innovation activities produces original outcomes. Similarly, this study did not distinguish between different activities related to implementation. For example, some models of the innovation process distinguish between promoting and realizing ideas (Janssen, 2000) or between championing and implementing ideas (Perry-Smith & Mannucci, 2017). Utilizing a more detailed differentiation of implementation behaviours will be helpful in understanding whether there are systematic differences in the internal structure of creativity and implementation. Additionally, it might be insightful to examine how the engagement in different implementation activities changes over time.

Finally, the high correlation between the intercept and slope of implementation made it impossible to test the impact of the starting level of and change over time in implementation simultaneously. This is a problem insofar that we do not know which of the two factors – initial level or increase, or the combination of both – is the driving force for team innovation. However, the high correlation may not be a statistical artefact of our sample but an accurate representation of reality in innovative teams. That is, the starting

level of and the change in implementation are likely to go hand in hand. For teams that start out with a high level of implementation there will not be a need, or even a possibility, to increase the level of implementation over time; the product might just not be very innovative. In contrast, teams that start out with only a little implementation are required to increase the level of implementation in order to deliver any product at all, whether innovative or not. In order to study the impact of initial level of and change over time in implementation separately, experimental studies that independently manipulate both factors are necessary.

A focus on the pattern of creativity and implementation that results in team innovation holds promising and challenging avenues for future research. First, our line of work informs research on factors which differentially influence creativity and implementation (Axtell *et al.*, 2000; Baer, 2012; Somech & Drach-Zahavy, 2013). It might be interesting, for example, to study how team composition influences the trajectories of creativity and implementation over time, advancing the knowledge on how team composition is related to team innovation (Miron-Spektor, Erez, & Naveh, 2011; Perretti & Negro, 2007). Importantly, to comprehensively understand team innovation, research needs to move away from studying innovation as a homogenous construct (Baer, 2012) or only as an outcome (Knight, 2015), and focus on the underlying processes – that is, creativity and implementation – in more detail. For example, factors that are especially relevant for the implementation of innovation in organizations, such as social support or social networks (Axtell *et al.*, 2000; Baer, 2012), may affect the trajectory of implementation by helping teams to increase implementation over time. Moreover, when studying the antecedents or consequences of creativity and implementation, it is not sufficient to focus on distinct temporal phases of the innovation process, such as the first or second half of the project. In contrast, creativity and implementation need to be studied as activities in relation to when they take place. Finally, our research points to the necessity to not only examine differential antecedents of the level of creativity and implementation but to also identify the self-regulatory mechanisms through which teams effectively transition between creativity and implementation.

Moreover, for many teams in organizations, it needs to be considered that teams often work together for much longer periods of time on projects that have no clear beginning or end (Hackman, 1990). In such situations, episodes of unrestricted creativity cannot be confined to an early time frame. Rather, a team may need to slow down its implementation activities repeatedly to allow for the formation of new ideas and the reorientation of the direction in which it is heading. Such performance episodes may appear to outside observers and team members as unproductive because teams do not pursue a clear goal in a streamlined manner (Gersick, 1988, 1989). Teams may even be tempted to hastily jump to implementation to avoid ambiguous states in which no progress can be observed. However, such performance episodes may lay the foundation for innovative outcomes of high originality, which should materialize if teams also have the capability to initiate well-timed episodes of implementation. Thus, future research needs to establish to what extent our results hold in other settings than project teams.

Practical implications

Our study suggests that teams can improve their ability to deliver innovative products by paying attention to when they engage in creativity and implementation and how they manage transitions between these activities (Marks, Mathieu, & Zaccaro, 2001). Teams who seek to innovate might be tempted to reduce the complexity of the innovation

process by hastily moving to action to quickly deliver results. An environment of increasing competition and an accelerating pace within organizations will likely amplify this tendency. This study highlights the downsides of the tendency in teams to focus on getting things done early on in a project's life cycle. In contrast, teams might also generate numerous ideas without ever being satisfied with any of them and consequently fail to act on their ideas. We suggest that both strategies – focusing on getting things done too early or never – will result in low team innovation. Teams are better advised to slow down their implementation activities in early time frames of a project to allow for prolonged periods of creativity, but then change their focus to implementation once the foundation for highly original innovations has been laid. However, a rather quick change to implementation seems to be important, as increasing implementation seems to have an especially strong impact before the mid-point of projects.

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Appendix : Innovation activities

Creativity

- We figured out what we needed to do to be successful^a
- We developed a better understanding of problems we need to solve^a
- We collected ideas^b
- We discussed what a solution should look like^b
- We came up with new ideas or problem solutions^b
- We discussed what ideas we should follow^c
- We evaluated different ideas^c

Implementation

- We put our plan into action
 - We implemented our plans/ideas
 - We put our ideas into action
-

Note. ^aProblem identification, ^bIdea generation, ^cIdea evaluation.

Team innovation

Compared to other student projects in our field, this product (project outcome)...				
Is a usual and conventional solution (1)	Is a solution that features only a few novel aspects (2)	Has a balance between conventional, usual, and novel aspects (3)	Is a solution that features mostly novel aspects (4)	Is completely novel and does not at all rely on conventional solutions (5)
Is not creative at all (1)	Is somewhat uncreative (2)	Is neither creative nor uncreative (3)	Is somewhat creative (4)	Is very creative (5)
Is insufficient in terms of quality standards (1)	Falls somewhat below the quality standards (2)	Is acceptable in terms of quality standards (3)	Meets the quality standards very well (4)	Exceeds the quality standards (5)
Cannot be applied in the 'real world' (i.e., in professional settings) (1)	Can be applied in the 'real world' with major modifications (2)	Can be applied in the 'real world' with some modifications (3)	Can be applied in the 'real world' with little modifications (4)	Can readily be applied in the 'real world' (5)
Compared to professional projects in our field, this product (project outcome)...				
Is a usual and conventional solution (1)	Is a solution that features only a few novel aspects (2)	Has a balance between conventional, usual, and novel aspects (3)	Is a solution that features mostly novel aspects (4)	Is completely novel and does not at all rely on conventional solutions (5)